

# TESTIMONIALS: ROOT CHAKRA AWAKENING EXPERIENCE

## Inspire Verbier Yoga Festival 27-29 August 2021

« Merci a vous deux pour cette magnifique expérience. Quel duo !  
Je ne suis que quelques mois par an a Verbier et serai très heureuse de participer à vos prochains cours » - G

“Thank you for the nice experience and the connection and awareness of the root chakra. Your smiles, your kindness made this experience wonderful. I feel a lot more at peace and energized now than before. It’s a creative, loving and sharing class. Have a wonderful weekend” - C

“Wonderful workshop, thank you” - V

“Thank you both for this discovery and very pleasant experience with the group. For my first session in a group of yoga, it was great! I learn already. Lot and I bring good exercises to do at home. I would be happy to stay in contact. Thanks” - N

“Thank you very much for the workshop. It took me on a very unexpected journey, that I only started uncovering during the journaling. I really enjoyed the way the class was built up and it all came together in the end. Thank you so much”

“Thank you very much for this experience. I discovered a lot of new things that I am looking to develop and continue to experiment. The visualisation was amazing, I think for the first time I saw something without having to force. I am really grateful”

“It was my first experience with chakras and visualization. I could see the state of my life. Actually, empty and this allows me to be aware of it with a different perspective. This really touched me. It was a very, very interesting moment, a great moment which will help me to go again back into the energy”

“Due to my past with sexual abuse it’s not easy for me to connect to my root chakra. This class has been a beautiful, a little painful but healing journey. Thank you so much for your energy. Love and light to you both” - L